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ZAZEN PRACTICE A GUIDELINE FOR BEGINNERS the fire of emptiness blazes out his beard. ... everything in the world as it is. Zen is a Japanese pronunciation for the Chinese word Ch'an, and ... and need the approval of a real Zen teacher. If not so, you need to put

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But to reach such an understanding you need a teacher and you need to struggle to make yourself understand. Life and death are important. Don't suffer them in vain. There's no advantage in deceiving yourself. Even if you have mountains of jewels and as many servants as there are grains of sand along the Ganges, you see them when your eyes are open.

THE ZEN TEACHINGS OF BODHIDHARMA - Libero.it

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Everything about Zen Master Seung Sahn is Zen teaching. He is always here and now, in the present moment, in all his action, ... all are present in The Compass of Zen. However lost it may get you, it always points to the north, because ... This is all you need to know about Buddhism. Not a single word more or less.

The Compass of Zen - The Delaware Valley Zen Center

The only Zen you can find on the tops of mountains is the Zen you bring up there. Robert M. Pirsig (Zen and

the Art of Motorcycle Maintenance) There are only two ways to live your life. One is as if nothing is a miracle. The other is as if everything is a miracle. Albert Einstein. Give a bowl of rice to a man and you will feed him for a day.

430 Zen Quotes That Will Make You Feel Peaceful

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